

CATCHING UP AFTER LOCKDOWN

USING THE SCIENCE OF LEARNING

WORKSHOP SUMMARY

OVERVIEW

The Covid pandemic has hurt student learning, progress and development. Now, the question is: how do we best support these students as they return to school?

We think the answer lies in a combination of using psychological research and leveraging teacher experience and expertise.

This course will cover the best evidence-based strategies to help students develop motivation and resilience, accelerate their learning and memory as well as improve emotional coping skills. We'll also encourage debate and discussions around what that looks like specifically for your students.



KEY MESSAGES

Resilience and Motivation

- Creating resilient classrooms
- The link between feedback and resilience
- Delayed gratification, fear of failure and high expectations

Memory and Learning

- Retrieval practice, spacing, interleaving
- Pre-questions and elaborative interrogation
- Dual coding and the Production Effect

Managing emotions

- Coping skills
- Managing frustrations, nerves and stress
- Communicating effectively



BOOK THIS WORKSHOP NOW

Our workshops are interactive and engaging. It's one of the reasons we get such great feedback from staff and students. Get in touch now to discuss booking this workshop on **020 8693 3191** or info@innerdrive.co.uk



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