

OVERVIEW

Our growth mindset CPD workshops help teachers to implement growth mindset theories in the classroom. We look at what a growth mindset is and how it helps students to learn more effectively. We then explore practical ways that teachers can help their students to develop growth mindsets by looking at the role of effort, attitude to making mistakes, dealing with setbacks and risk taking.

KEY MESSAGES

A history of intelligence and ability

- Are you born smart, or can you become smart?
- A history of the IQ test
- Case studies

The role of effort

- Teaching students that the brain can develop
- Avoiding labels
- How expectations affect motivation and effort
- Purposeful praise: effort over ability and outcome

Attitude to mistakes

- The importance of mistakes in the learning process
- Creating a growth mindset culture
- Efficient and effective feedback processes
- Purposeful praise: skill attainment, improvement, asking for feedback

Dealing with setbacks

- Famous failures
- Improving self-talk
- Purposeful praise: grit, determination, persistence

Risk taking and curiosity

- Worst case scenarios hardly ever happen
- Purposeful praise: curiosity, courage, choosing a difficult task



BOOK THIS WORKSHOP NOW

Our workshops are interactive and engaging. It's one of the reasons we get such great feedback from staff and students. Get in touch now to discuss booking this workshop on **020 8693 3191** or **info@innerdrive.co.uk**