

MASTERY MINDSET

7 HABITS OF SUCCESSFUL PEOPLE

WORKSHOP SUMMARY

**COVID-19
UPDATE**

If, due to the Coronavirus crisis, you cannot host in-person workshops at your school, please note that this workshop is available online. For further details or to discuss bookings, please get in touch at info@innerdrive.co.uk

OVERVIEW

Our Mastery Mindset workshops introduce students to the key habits of successful people and provide suggestions and ideas on how to acquire them.

The philosophy behind the workshops is that there is no guarantee of success, but by living your life by these habits you put yourself in the best possible position to succeed.

This workshop will help students as it reinforces behaviours that will help them achieve success.

KEY MESSAGES

Taking responsibility

- Success and failure are in your own hands
- Don't play the blame game
- Take ownership and control of the situation

Goal-setting

- Begin with the end in mind
- Work out the steps needed to get there
- Take action

Learning everyday

- Be open to new ideas
- How to speed up the learning process
- Asking for and receiving feedback

Thinking effectively

- Focus on what you want, not on what you don't want

Using resources

- Build a team around you
- Get the most from teachers, friends and family

Work ethic

- The relationship between work and success
- What does hard work actually look like?

Preparation

- The importance of preparation
- What does good preparation look like?



BOOK THIS WORKSHOP NOW

Our workshops are interactive and engaging. It's one of the reasons we get such great feedback from staff and students. Get in touch now to discuss booking this workshop on **020 8693 3191** or info@innerdrive.co.uk



www.innerdrive.co.uk