

HELP STUDENTS BECOME INDEPENDENT LEARNERS

OVERVIEW

Metacognition is often defined as “learning to learn”. The Education Endowment Foundation has highlighted metacognition as one of the most cost-effective ways to help students improve their learning.

Our “Metacognition: Plan, Do, Review” CPD workshops give teachers practical strategies to help their students think metacognitively at each stage of their learning.

This CPD workshop can be delivered on its own, or as an add-on to our “Metacognition: Practical Strategies” CPD workshop.



KEY MESSAGES

Before - Planning

- How to enhance motivation
- Avoiding the Planning Fallacy
- Solution-focused questions
- “Don’t blank-page them”

During - Doing

- Help self-regulate emotions
- Controlled focus on the task at hand

After - Reviewing

- How to ask for and receive feedback
- Effective self-reflection
- Using metacognitive questions for learning



BOOK THIS WORKSHOP NOW

Our workshops are interactive and engaging. It’s one of the reasons we get such great feedback from staff and students. Get in touch now to discuss booking this workshop on **020 8693 3191** or info@innerdrive.co.uk